

RECIPE

PB Banana Rice Cake



Ready in **5 minutes**

Serves **1 person**

156 calories

4.5g. Protein

17.5g. Carbs

8.5g. Fat

6.5g. Sugar

Ingredients

- ½ Chocolate Rice Cake
- 1 Tbsp Peanut Butter
- ¼ Banana
- 1 Celery Stalk

Preparation

1. **Chop celery and banana.**
2. **Add peanut butter to rice cake.**
3. **Top with banana and a few *chocolate chips.**

Tips

The two peanut butter options I recommend are: Adam's Chunky 100% Natural Peanut Butter or Kirkland Signature Organic Creamy Peanut Butter. Both found at Costco. *Chocolate chips were not calculated into macros.

♥Fitbrit